



Herbal health consultations with herbalist,

Jennifer Whitmore

As a child Jenn grew up wildcrafting with her momma and grandfather. Given her first herbal on her 21st birthday by her parents, her relationship with plants continued to grow informally over the years while she was raising children with her husband on their farm, teaching natural childbirth classes and working as a doula.

During a serious health challenge that started in 2010, part of Jenn's healing protocol included a decision to start a formal education in herbs. While studying locally under 7Song at the Northeast School of Botanical Medicine in 2013 and with Margi Flint at Earthsong Herbals in Marblehead Massachusetts in 2014, Jenn realized her life's direction. Now wildcrafting, working in her apothecary and offering consultations have completed the circle that began with a young girl in the woods of Lake Ontario.



Consults with Jenn are available at Bramble on Tuesdays & Thursdays

All consult fees are based on a self-determined sliding scale and may include reading the body, drop-testing, formulation of herbs or tinctures (with detailed recommendations that are emailed to you for your reference), as well as essential oil and diet recommendations all to assist you in meeting your own natural-health goals.

Consultation options:

- Full Consultation (1-2 hours) - \$50-\$80
- Follow-up Consultation (30 minutes) - \$20-\$30
- Phone or Additional E-mail Consults - \$15-\$20

To schedule an appointment or for more information, please get in touch!

Contact Jenn at:
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